

Who Am I? - Message 2

Announcements

SERVE Day 2018 // Saturday, July 14 // Register your SERVE Day project at Churchoftheking.com/serveday.

Warm-up

Name a worship song or lyric that speaks to your heart. How do the lyrics of that song remind you of God's promises and His love for you?

Word and Application

Last week was the first in our new series, *Summer Playlist*, we learned about the attitudes of the heart as it concerns money. Today we will discuss insecurities and how God works through them.

Read Exodus 3:10. Before Moses was a famous name around the world, he was first very insecure. *Who am I?* This is a question we ask ourselves periodically. How might asking yourself this question change the direction of your live? How do knowing your identity and who you are in God's eyes change your insecurities?

Most people respond to feeling insecure in one of two ways:

- 1. Pride Proving I'm good enough and needing no one's help.
- 2. Rejection- Thinking I'm not good enough and nobody will help me.

Both pride and rejection are expressions of insecurity. Which of these thought processes do you tend to lean toward and why? The enemy's strategy is to keep you looking at the worst version of yourself. BUT God says, "I make ALL things new." This is how God works through our insecurities. When we get disconnected from God, insecurities begin to grow. Let's dig into the Word to find truth on how to live secure in who God created us to be.

Four Ways to Live More Securely:

1. <u>Don't put your security in anything that can't sustain it.</u>

The things you find the most identity in is the place you are the most vulnerable to insecurity. Some of these things aren't bad they just don't have the power to sustain us. Some examples are:

- Your pain
- Your mistakes
- Your experiences
- Your job
- Your relationships

In what things have you placed your security? We may put our trust in many things, but only God can speak directly to the deepest longings and questions of the soul. When we forget this truth, sometimes God has to strip us of all external things we find our identity in until all we have left is Him. Share with the group a time that you had to experience this. How did it change your perspective of who you are?

2. <u>Lean into your weakness to leverage more of God's strength.</u>

Read 2 Corinthians 12:9. Your weakness shouldn't make you feel bad about yourself, it should remind you of your need for God. That is when our weakness can become a gift. How can you be encourage in your situation through 2 Corinthians 12:9.

3. Submit your self-talk and thoughts to the truth of God's Word.

Read Romans 12:3b. Unhealthy thoughts will make you miserable. You can literally make yourself sick this way. Insecurity hinders communication, makes you say things you don't

mean,

and avoid things you really want to say. This can be destructive. Share with the group about a funny time you met someone famous or someone you truly have always wanted to meet and you stumble over your words. Would you have said something more meaningful if you if you were not trying to impress them?

4. Focus more on what God is doing in you than what others say or think about you.

Read Hebrews 11:26. The story of what God wanted to do through Moses wasn't about Moses. It was about God's purpose. There was a cause bigger than him - and when he figured this out, God used him in a powerful way. C.S. Lewis said, "Humility is not thinking less of yourself, it is thinking of yourself less." God did it for Moses, He can do it for you.

Life Challenge

What area in your life do you feel weakest? Brainstorm with the group scriptures and principles that can allow God to move so that weakness becomes the greatest strength.

Prayer

Thank God for His sufficient grace and patience. Ask Him to reveal insecurities that you need to give to Him. Pray for specific needs in your group.