



## Week 1 – The Bread of Life

### Announcements

**Next Step Weekend** – February 28-March 1 & March 7-8 at all campuses. Growing closer to God is simple, and we want to help you take YOUR next step. Next Step weekend is an opportunity for all of us to go one step deeper at Church of the King. Next Steps include the PATHWAY, Small Groups, Water Baptism, Leading and Serving. Find out more next weekend.

**101 Starting Point** – Sunday, March 1<sup>st</sup> at 5:00pm at all campuses. Come meet the pastoral team and learn about who we are and what we believe. Register at [ChurchoftheKing.com/register](http://ChurchoftheKing.com/register).

**Men's Night 2015: March Mania** – Wednesday, March 11 at 7:00PM at the Little Creek Campus. Activities, competitions and food start at 6:00PM. Join speaker and co-founder of the Los Angeles Dream Center, Tommy Barnett. Grab a friend and join us! [ChurchoftheKing.com/mensnight](http://ChurchoftheKing.com/mensnight).

### Warm-up

What food do you most crave or would eat every day if you could?

### Word and Application

God created you and I with cravings, desires, and appetites to enjoy. *He made us to crave.* In fact, every single one of our desires are designed by God to be met *in Him and by Him.* This week we explore the foundational truth that ***fulfillment and satisfaction are found only in Jesus, the Bread of Life.***

Let's take a look at **Three Glorious Truths** revealed to us about our God-given cravings, desires, and appetites.

### 1. Christ alone brings our fulfillment

According to culture, where do you think people look most to fulfill their desires?

The **trigger and root of sin** is looking to the things of this world to satisfy us instead of looking to our Creator to satisfy us.

**Read John 6:27** and **John 6:33**. In these two verses, Jesus distinguishes from perishable bread and eternal bread.

What is the everlasting food described in this verse? Why do you think Jesus make the point of declaring himself the "Bread of Life?"

### 2. Christ alone transforms our tastes and desires

While Christ is the Bread of Life, and He alone can fulfill our desires, we still have struggles with appetites for sin. So what do we do when our desires for the things of this world rise above our desires for Christ?"

We can **conquer sin by trusting Christ** to change our desires. When we receive from Jesus instead of seeking the things of the world, only then can our cravings be satisfied.

Read **Galatians 5:24**. Share a time when you have surrendered a deep desire to God, only to discover that He was faithful to meet that very desire.

### 3. Christ alone assures our satisfaction

Did you know that Christ alone can assure and guarantee our satisfaction? It is a promise initiated and completed by Him.

**Read John 6:35**. How does this verse speak to you?

How can you begin to apply this week's lesson to your daily life?

## Prayer

Close with a prayer by asking the Lord to reveal to you what desires and cravings we are trying to satisfy outside of Jesus. Pray that each individual will give that desire to the Lord who guarantees He will fulfill it.