



## When Life Hurts – Be Loving– Message 2

### Announcements

- **Men's Night** // Tuesday, March 14<sup>th</sup> // Guest speaker Denny Duron and LSU Head Coach Orgeron. Invite your pals and buddies. Doors open at 6pm and event starts at 7pm. [ChurchoftheKing.com/mn](http://ChurchoftheKing.com/mn).
- **Women's Night** // Tuesday, March 28<sup>th</sup> // Guest speaker Lisa Harper will join us for our theme: *Beloved*. Doors open at 6:30pm and event starts at 7pm. Childcare is available. [ChurchoftheKing.com/wn](http://ChurchoftheKing.com/wn).

### Warm-up

This weekend we set our clocks forward for Daylight Savings time. Did anyone forget it was Daylight Savings? Share a time in your life when you showed up at the wrong time or missed an important appointment?

In message two of the *When Life Hurts* series, we discuss more statements Jesus made from the cross to help us live through the challenging times and seasons. Today we learn the need to *remain loving* when we are hurting.

### Word and Application

Let's start by drawing insight as to how *being more loving* can propel our focus out of the difficult situation we are facing into a perspective that gets us to rise above it.

Take a look at the ones left standing at the feet of Jesus when he was dying on the cross. They were John and a few women, including Jesus' mother, Mary. Everyone else had run away for fear of being arrested.

**Read John 19:25-27.** How would society look if everyone chose to express the love of Jesus in trials rather than expressing our initial gut reactions when we are hurting?

Here are **3 Keys to How to Love When Life Hurts.**

**1. I must learn to care for my family**

*Love pays attention.* Jesus was concerned about what was going to happen to His mother when He was not around to watch over her.

**Read 1 Timothy 5:3-4.** What can you do differently to pay closer attention to your family?

*Love provides for needs.* The best gift we can give is “care” and that starts at home.

**Read 1 Timothy 5:8.** Why is it important to God when we put caring for our family as a top priority?

**2. I must treat other believers as my family**

*Our spiritual families outlast our physical ones.* As a follower of Christ, other believers are considered my brothers and sisters. Isn't it interesting that none of Jesus' physical family showed up at the cross, besides His mother? Share a time when spiritual family helped you get through a challenge time.

**Read Matthew 12:50 & 1 Timothy 5:1-2 & Romans 12:10.** What is the common thread throughout these passages? What does it mean to be devoted to one another?

*We are to give special attention to those of the household of faith.* Jesus' relationship was stronger with John than his relationship with his physical sisters & brothers.

**Read Galatians 6:10 & Galatians 6:2.** How does our spiritual relationships grow stronger than our physical ones?

**3. I must see other's pain, even when I'm in pain.**

When we take our eyes off of ourselves, we can overcome a painful trial on a spiritual level by using all of God's armor.

**Read Philippians 2:5 & Matthew 5:4.** How does looking around to help someone else when you are hurting end up being one of the ways Jesus shows us how to navigate through pain?

How can you express love in the midst of a challenging situation you are facing?

**Prayer**

Thank God for the body of believers to whom we are joined. Ask God to help you connect with your spiritual family on a deeper and more intimate level. Pray for the individual needs of members in your group.